



OCTOBER 2023

THE UPPER SARANAC LAKE ASSOCIATION

MAILBOAT

The Bartlett Carry Dam

By Eileen Mansfield



Aerial view Bartlett Carry Dam.

The Adirondack Mountains are some of the oldest mountains on earth. Before 1800, the chief claimants to the area were the Mohawk tribe to the south and the Algonquin to the north. Most historians agree that these tribes never made the Adirondacks their permanent home. They did however, make temporary settlements. One such settlement was at Indian Carry and led from the south end of Upper Saranac Lake to Stoney Creek ponds then to the Raquette River. The tribes called the carry “Eaglenest Trail”.

Small scale lumbering began in 1803 and really took off in the 1820s. A dam was constructed (circa 1850) across the outlet of Upper Saranac Lake as a means of controlling the level of the lake for logging purposes. In 1854 Virgil and Caroline Bartlett purchased property between Middle Saranac Lake (formerly known as Round Lake) and Upper Saranac Lake. The property included the carry and the dam. The Adirondacks were considered a new frontier and attractive to those seeking adventure. The Bartletts envisioned a place to stay with a team of guides for hunting and fishing. A comfortable place to eat well and rest in the midst of the wilderness. They constructed the VC Bartlett Sportsmen home. It became a popular destination and Caroline established a reputation for setting the best table in the mountains.

After Virgil’s death, a group from New York City purchased the property. Many improvements were made and it was known as the Saranac Club. In later years, it became the Bartlett Carry Club. Club members wished they could spend all their time enjoying the peace of the area but one structure or another always seemed to need repairs. High on the list was the dam. Since the dam maintained the water level for the lake, all lake residents regarded it as a valuable resource but the club members bore the considerable expense of repairs.

By 1865 an alarm was sounded that the Adirondack woods were being cut down at an alarming rate. A conservation movement arose with the cry “Save the Adirondacks”. Lumber interests fought any change and lumber stealing became rampant. Finally in 1894 the “Forever Wild” clause, section seven of article seven, was passed and added to the state Constitution.

Between 1864 and 1871 the railroad arrived in the Adirondacks. Many hotels and great camps were subsequently added to the lake. By the early 1900s everyone wanted electricity. Summer residents of the lake discussed creating an electric plant at the dam. In 1901 an engineer reported the water ran at only 75 horsepower over the dam, enough for the club but too little to supply other camps on the lake. The majority of the club members agreed to spend large

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President's Letter

Larry Koch

This summer was a tale of contrasts. We had sunny days with Canadian fire smoke, unusually hot humid days in July and very cold days in August followed by hot weather in September, and lots and lots of rain. So much rain that we recorded the largest one day increase in water over the dam since records have been kept. The lake level looked higher at my dock August 10 that it did on June 1 when snow melt has filled the lake. It seems weather change is going to be a fact of life, like it or not. We need to be ready!

Fall is a good time to review our achievements of the past year. A combination of over 50 Board and committee members work all winter planning programs that take place during the summer. Accomplishments this year include production of three Mailboats, six e-newsletters and maintenance of five billboards, twelve zone parties and six Cultural Affairs events with over 425 attendees in total, two boating safety courses and lots of new volunteers enthusiastically digging in (some literally) to enhance lake life. ***The fun begins when you get involved — come join us next year!***

It has been said change is good, but it's sometimes hard too. After 20 years, Dean Butts has decided to retire as Membership Chair. He has served longer in this position than many of us have been on the lake. I have had the privilege of working with Dean for the last several years and have enjoyed his enthusiasm for the association. I doubt the membership would be so large if Dean had not been "on it" for so long. Dean will continue as Nominating Committee Chair through the August 2024 elections so be ready for his call!

Elsewhere in this Mailboat, you will learn more about Dean's replacements. Note it will take two to replace Dean. Eileen Mansfield and Ellen Bonheim take over October 1 incorporating some new technology into keeping track of existing members and finding new ones. You will find more about them elsewhere in this Mailboat. ***Have you renewed your membership for 2023? It's not too late!***

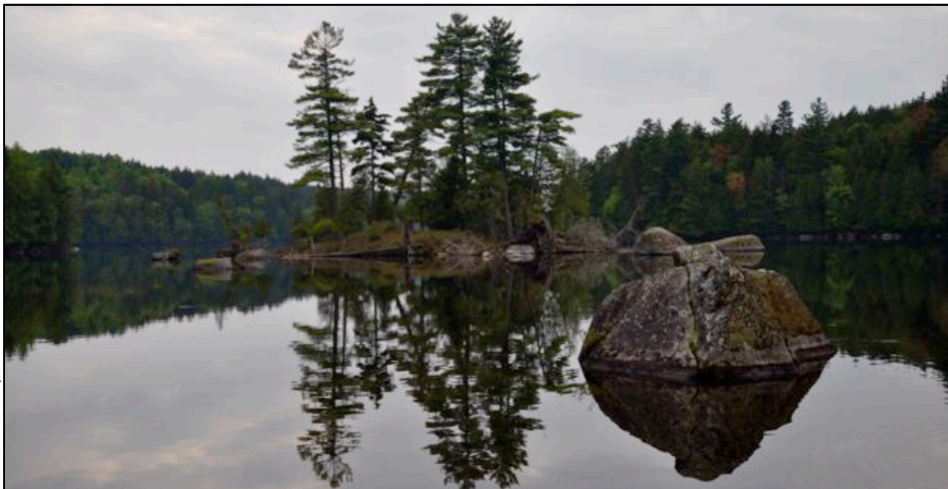
Many of us noticed the lake suffered several Algae Blooms in September. Simply put, Algae Blooms are the results of combining existing natural bacteria with too many nutrients in still, warm water and hot days. The still, warm water and hot days are out of our control but we have some control over the nutrients. The heavy rainfall this summer dumped a lot nutrients into the lake which come from drainage washing over land. Some nutrients are from natural sources but they also come from fertilizers used on lawns and gardens along with underperforming septic systems. Nothing else we can do to enhance lake life will matter when the lake becomes a large toxic Algae Bloom. The Environmental Committee and the Foundation are already renewing efforts to help all of us be better stewards of the lake. See elsewhere in this Mailboat their article on this crucial subject.

Thinking of the Foundation, they plan to start work on the dam this winter and can still use your donations. The dam is a must and Algae Blooms. the next Milfoil, if we don't all get on board.

In all, it's been both a rewarding and challenging summer. If you participated in association activities, I bet you enjoyed your time here. If you have not participated or even renewed your membership, now is the time to get on board, ***enjoy the fun and help enhance lake life for all!***

Best wishes for a healthy and safe fall!

Larry Koch
President



Island

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THE USLA MAILBOAT
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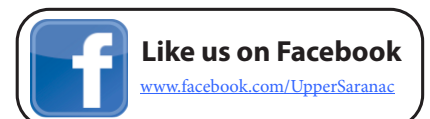
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Photo of the mailboat, "Saranac", courtesy of the Adirondack Collection, Saranac Lake Free Library

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The Bartlett Carry Dam

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amounts for the care of the golf course but not for newfangled electricity. It wasn't until 1906 that they accepted the idea of this modern convenience. A powerhouse was built at the dam and DC electricity flowed to the camp. In 1913-14 the dam was extensively rebuilt.

In 1921 the club suffered a huge fire. The members were planning additional repairs to the club when the dam sprung leaks that couldn't be ignored. The repairs that were made in 1913 were done without proper supervision and resulted in poor construction. Even though the Upper Saranac Lake residents shared in the cost, the project took a financial toll on the club. The club struggled through many events; fire, world wars, stock market crash, depression until it was closed in 1954. In 1968, Jay Yardley inherited the 1,000 acre property which consisted of the Bartlett Carry club, family residents, and the dam. Jay and his new wife, Fran, decided to move to the Adirondacks to restore the Bartlett Carry Club and once again open its doors. In the early 1970s, after major improvements, the Yardleys advertised for the summer season. One continuing problem was maintenance of the dam. Additionally, the dam provided DC current when they really needed AC. The Yardleys worked with Niagara Mohawk who laid a cable in the lake providing AC current to the camp. The next consideration was how to remove the power house. Trouble was

how to get near enough with a bulldozer to demolish it. It was time to ask the fire department to have another practice drill.

In 1978 Jay Yardley was diagnosed with cancer. In 1984 he was nearing the end of his battle. After 16 years of successfully running the resort, the couple must make new plans. Houses were sold to many longtime guests, who had become dear friends. In 2001 New York State purchased over 700 acres and designated it "Forever Wild." The dam was in need of repair and continued to present a liability. New York State refused to take it over. The Upper Saranac Foundation realized how much the shorefront properties on the lake depend on the health of the dam. They agreed to take ownership and to raise funds to keep the dam in good condition. The Foundation maintains the lake water level four feet higher than when the dam was built.

In 1994, the dam was reconstructed to meet the current standards. In 2018 a sink hole was discovered and the Foundation implemented plans for a more extensive restructuring to begin this fall. The Foundation supports the dam through fundraising. To learn more about the Foundation and support for Bartlett Carry Dam go to: <https://usfoundation.net>.

Thanks for help for this article from Fran Yardley and her book *Finding True North*.

WAVE Sampling—Brandy Brook

by Larry Nashett

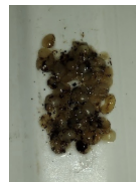
Young Life Camp was very cooperative in allowing me to access Brandy Brook through its property. On 7/28/23, I requested and received permission to look for a WAVE sampling site there. After parking on the west side of Route 30, near the Brandy Brook culvert, I walked downstream about 100 yards to the mouth of the brook at Upper Saranac Lake. Then I walked



upstream beyond Route 30 following the bends in the channel to a point about 0.14 miles in a straight line from the road. There, along the brook, lay a very open beaver meadow with a few accessory channels and pockets of standing water. Based on what I could see of the brook and in satellite imagery, there appeared to be no true riffle habitat further upstream.

During my walk along the stream, I took photos of potential sampling sites where flowing water was evident as it poured over logs, traces of old beaver dams, etc. The first such site upstream of Route 30, which I called site "1U", appeared to offer the best potential for WAVE sampling. DEC's WAVE coordinator agreed based on the description and photos. Water depth was about 18 inches, and stream width was about 6-8 feet. It would be a relatively easy site to access and collect a sample.

Again, on 9/8/23, I requested and received Young Life's permission to actually collect the macroinvertebrate sample. I reached the selected site at about 11:30 am, and measured a 15-meter transect along the shore of the brook beginning at the old beaver dam and log at the head of the "riffle". Entering the flow at the downstream end of this stretch and working upstream to the



"Mini-clam" closeup



Sample Vial sent to DEC

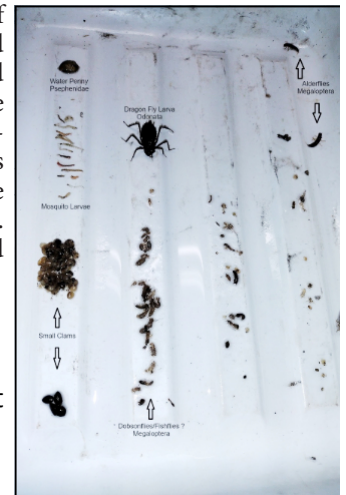
log, I started my stopwatch and began kicking and collecting the sample for the 5-minute period prescribed.

The water color was very dark brown, almost black. I couldn't see the white net top after it passed an inch or so below the surface. The contents of the net were placed in a



5-gallon white bucket partially filled with the brook's water, and sample collection was complete.

At home I poured the contents of the bucket through the mesh of the net into a second clean bucket. I repeated this process many times, and rinsed the collected debris and invertebrates until I had nothing in the net but the organisms and about a quart of black detritus and twigs. I sorted through this pile in an old white cooler tray with tweezers and Q-tips until all the detritus was removed and only the macroinvertebrates remained. Then the collection was grouped by general type and similarities.



My identification attempt

Cultural Affairs

Sally Ward, Chair

What an event-full summer! The Cultural Affairs Committee offered a smorgasbord of opportunities to USLA members and their guests: an online haiku poetry contest with adult and youth divisions, a nature journal workshop, a wine seminar, two open-level yoga sessions and a tour of the historic Moss Ledge Camp. As an added bonus, all in-person events took place at iconic properties on Upper Saranac Lake. Hearty thanks to the Bartlett Carry Club,

Pinebrook, Young Life, the Rothschild Camp and Moss Ledge.

Tours of historic properties are always at the top of USLA members' summer bucket lists. Planning for summer '24 is underway now. If you or your camp would consider hosting an event for 70-80 people, please email cultural@uppersaranac.com asap. The Cultural Affairs Committee provides the food and drink and does the work. We welcome new members and new ideas. Let us hear from you!



Nature Journal Workshop



Moss Ledge Camp tour

Membership Report

Dean Butts, Membership Chair

We currently have 501 Paid Memberships for 2023. This compares to 450 paid memberships at this time last year. This is an encouraging 11% increase in membership, and is mainly due to the efforts of Zone Chairs making contacts with people in their zone. A list of paid members is included in this issue of the Mailboat. Thank you all for being a paid member and supporting USLA.

If you do not see your name on the list you may still pay the Membership Dues of \$45 before the end of the year. Our goal is 556 paid memberships to enable the Association to pay budgeted expenses. Go to the USLA website, uppersaranac.com, click on RENEW MEMBERSHIP and enter your email address to log in. Check to be sure your personal information is correct. If not, please update. You will be able to renew by paying the \$45 annual dues using PayPal or credit card.

No internet access? You may renew, or join, by mailing a check for \$45 to Upper Saranac Lake Association, Box 892, Saranac Lake, NY 12983. Please include a memo with Member Name, Member Address, and Member Email address.

Help Us Reach Our Goal Of 556 Paid Members. We Appreciate Your Support.

Note from the Editor: As Larry mentioned in his President's letter, Dean retired as of October 1st. Eileen Mansfield and Ellen Bonheim are the new cochairs of the Membership Committee. Their contact information is listed on the Board of Directors page on the USLA Website <https://uppersaranac.com>.

Government Affairs

Larry Koch

The Town of Santa Clara Short Term Rental Law has been the most important new development this summer. The Town Board voted for the law in July and it became law in August. The town is now working on the logistics of the law and applications for rental property permits should be available about the time you read this. If you rent all or part of your lake property in the Town of Santa Clara for less than 30 days per rental, be sure to complete your application as soon as possible. You must have a town permit before you can rent your place in 2024.

The NY State Department of Environmental Conservation (DEC) initiated a new Unit Management Plan (UMP) for the Rollins Pond Campground. Rollins Pond Campground is farther into the forest behind the Fish Creek Campground, was developed after Fish Creek was started and uses the Fish Creek Campground main gate. Rollins Pond and Fish Creek Campgrounds have many of the same infrastructure problems so the Rollins Pond Campground UMP has many of the same recommended changes. The Government Affairs Committee response to this new UMP can be found on the USLA website under News and Government Affairs tabs.

The Upper Saranac Marina development application to the APA was returned for more information including Fish Creek Ponds and canal boat loading and existing docking space usage. We await a response from the applicant as of this date. The owner of this marina has been in litigation over their two marinas on Lower Saranac Lake for several years so we anticipate this will be an ongoing story.

If you would like to stay abreast of Town of Santa Clara activities, visit the town's website to sign up for periodic updates at <https://townofsantaclara.com/subscribe-to-updates/>.

All other issues that we have been monitoring have been quiet for the time being. So stay tuned, change is always a day away!

Zone Party News



Zone 10 – Mary Travers
Robin Gosnell at the Zone Party.



Zone 1 – Bob Tate
Here is a picture from the Zone 1 party held at Tate Camp on Hoel Pond on August 25. 20 people from “the Ponds” in attendance.



Zone 2 & 3 – Mary Ann Randall and Pam Simons
We had 46 attendees for only our 2nd time in 9 years having to hold the festivities inside at Camp Pinewood.



Zone 5 – Jan Daly
July 22nd Zone party.



Zone 12 – Lynn Harrison
A wonderful time was had by all at the Zone 12 gathering in July. Various appetizers and drinks were enjoyed by many neighbors, some having lived here for years and some newly arrived. As the photo reflects, the southern end of the lake was (and is) a happening place!

Upper Saranac Foundation

It still is, and always will be, about Water Quality.



Catching Up After a BUSY Summer

Guy Middleton, Lake Manager

While a great deal of effort this summer focused on preparations for the restoration of the Bartlett Carry Dam, supporters should know that the Upper Saranac Foundation (USF) doggedly continued its mission to protect the water quality of the Upper Saranac Watershed.

Looking back at this summer, here are just a few projects that we accomplished with your help:

- Collaboration among other environmental organizations for science-based advocacy actions and solutions including interfacing with local government and state agencies in an effort to protect water quality.
- Implementation of management strategies addressing issues identified in the USF Watershed Management Plan that affect water quality, ecology, and social factors of the watershed to protect it against current and future threats.
- Continued reduction of aquatic invasive species (AIS) through hand harvesting locally on Upper Saranac Lake, Fish Creek Ponds, and Follensby Clear Pond, and regionally on Moody Pond and Lake Placid.
- AIS spread prevention seven days per week through Watershed Stewardship coverage at Back Bay and Fish Creek Campground.
- AIS surveys to identify potential new introductions, assuring the best opportunity for eradication.
- Education and outreach through invasive species training, spread prevention, and management demonstrations.

- Water quality monitoring and analysis of seven tributaries and two basins of Upper Saranac Lake.
- Maintaining the Environmental Monitoring Platform, providing real time meteorological, physical, chemical, and biological characteristics of the lake.
- Developed and implemented a Harmful Algal Bloom (HAB) Emergency Action Plan that monitored outbreaks and provided public information on Knowing, Avoiding and Reporting.
- Worked with volunteer organizations addressing aquatic and terrestrial invasive species identification, surveys, and management.
- Maintained and expanded pollinator garden projects.
- Watershed shoreline development, stormwater runoff, and waste-water monitoring.
- Identified, applied for, and administered grants to support the USF mission.

Thanks to donations to the Upper Saranac Foundation, your support has prepared us for the future in the best way possible. We look forward to the coming year and the opportunity to further protect water quality.

You can keep up with progress of the Bartlett Carry Dam Project by signing up for our Newsfeed by visiting usfoundation.net and adding your email address to the middle of the page, then clicking “Subscribe.”

USLA Paid Members

Label Name	Lake Zone	Label Name	Lake Zone	Label Name	Lake Zone	Label Name	Lake Zone
Leslie & Christopher Abel	11	Dean & Janice Butts	7	Greg Dickson & Susan Hearn	8	Jonathan & Chris Grenoble	10
Debbie & Pete Abitante	2	David Butts & Patricia Titone	7	Jeff Dickson & Cheryl Joyce	6	Dolores C. Grieco	6
Theresa & Gary Abrams	3	Daniel & Vicki Butz	11	Victoria Dietel Hopps	0	Christine & Edward Grieco	6
Tim & Susan Abresch	8	Cyril & Karin Cabral	12	Jed Dixon & Helen Hardy	11	Douglas Grierson	8
Pamela Scott Adams	1	Jules Callaghan	7	W. Boulton & Ann Dixon	3	Michael & Maria Gsell	8
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Jay & Tracey Allen	7	Joseph & Susan Capalbo	5	Barbara & Otto C. Doering III	12	Jerry Hacker	9
Larry & Dorothy Altemus	2	Jude Capalbo	5	John & Mary Doherty	6	Marijo Haggett	3
Margaret & Greg Altemus	2	Colleen Capel & Mark Revello	12	Carolyn and Andy Donatello	3	Peter & Kathleen Hagner	10
James Antonson & Suzannah Taylor	5	Alan & Marilyn Carmichael	5	Patrick Doran & Sara Friedman	5	Jeffrey Haidinger	2
David & Susan Armenia	8	Suzanne Carillo & Howard Kern	2	Mary & Eric Downs	9	Todd Hall & Beth Parmington	4
Georgia Aziakou	9	Edward & Susan Carroll	5	Scott Draves & Isabel Walcott	4	Elizabeth Hall & Pamela Palumbo	1
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Richard & Karin Beaty	10	Christopher Cohan & Rita Wong	2	Frank & Barbara Farina	8	William M. Harrison	12
Gregory & Geraldine Bebernitz	6	Lawrence P. & Nancy Cohen	8	Todd & Michelle Farley	2	Charles T. & Lina Hart	9
Charles & Joan Bechtel	5	Harvey Cohen & Michael Tardif	7	Harry Farrell	8	Kenneth & Lauren Hart	10
Debra Becker & Karl Legregni	10	Susan & Joel Cohen	7	Jay & Dorothy Federman	8	James & Phyllis Hart III	10
Lea J. & Randy Bedore	1	George F & Ann Colony	3	Mary & David Ferguson	2	Marcia Harten	5
Adam & Justina Benware	0	Douglas & Kathleen Colson	8	Kathryn Fessenden & Alan Tuthill	9	Philippa Hartman	0
Michael & Ellen Bettmann	12	Stuart & Isobel Connell	1	David & Tracy Finn	8	Kaziah Haviland & Greg Montgomery	3
William Bettmann	12	Colleen Connor & Brian Kelahan	2	Geoff Fitzgerald & Ellen Starr	3	Madeline Healey & Theodore Papes	12
Ed & Koko Bickford	2	Barbara Conover	6	Janice & Doug Fitzgerald	2	Kathy & John Healy	2
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Ellen & Michael Bonheim	7	Jane Davis	10	Jim & Shelly Ghostlaw	6	Rebecca & Matthew Hudson	3
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John P. & Jean Brennan	2	Deidre DeMane & Eric Ellis	8	Anne-Marie Glenn	4	Edward & Linda Jillson	10
Peter & Beth Brennan	2	Michael & Catherine DeMane	8	John & Stefany Glessner	8	James D. Johnson	3
James & Deborah Brice	10	Mark & Kathy DeMane	8	Gary & Shari Gnolek	12	Michael R. & Kathleen Jones	5
Trudy & Jim Briggs	2	Peter & Kate DeMane	8	Kenneth Goldman & Jody Nagel	12	Spencer & Stacy Jones	9
James Bristol	11	Scott & Wendy DeMane	8	Jonathan & Cynthia Gorgas	7	Lori & Paul Joynt	7
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Hannah Burnham & Tyler Ellithorpe	2	Kathryn Derr	9	Newton & Vivian Greiner	10	Pamela Kelly & John Koene	1
Greg & Kathleen Butterfield	9	Thomas & Catherine Devlin	6	Karen & Newton Greiner, Jr.	10	Barry & Stephanie Kilbourne	10

USLA Paid Members

Label Name	Lake Zone	Label Name	Lake Zone	Label Name	Lake Zone	Label Name	Lake Zone
Curtis & Lisa Kingsley	6	Doug and Mary Marshall	11	Mary Ann Randall	2	Henry & Julia Swayne	9
Richard & Christine Kirsche	5	Dean & Pamela Martin	1	Julia Randall	2	Rod & Miriam Swenson	2
Thomas & Melanie Kirsche	5	Emily Maxwell	10	Doug & Betsy Rendall	3	Frank & Kathleen Szczech	4
Steven Klee	8	Thomas & Nicole McGowan IV	4	Michael & Eileen Richer	10	David & Beth Taylor	7
Peter & Cindy Klementowicz	4	Bruce McLanahan	2	Michael & Sally Ritchie	3	Geoffrey Tefft	10
Mary Knotts	8	Elizabeth McLanahan	2	Stephen & Nicole Ritchie	3	E. Thompson & Maria Thayer	3
Lawrence & Patricia Koch	3	Maureen & Robert McLaughlin	5	Connie Rockefeller	1	Amber Todd	9
Peter Koch	3	Judith A. Meagher	7	Daniel & Susan Rockey	4	Jeff & Amy Towers	9
Madeline Koch	3	Charlotte Mehrtens	6	Jack & Susan Rome	2	Nicholas Travers	9
Robert & Mary Koegel	7	Thomas & Lynn Meldrim	3	James & Vida Rothschild	8	Mary G. Travers	10
Joseph & Rebecca Kohler	5	Philip & Carleen Menkes	11	Judy Rush & Marc Wanner	8	Peter Travers	10
Toby Kohler	2	Felix & Verena Mick	6	Laurance & Nancy Russell	2	Thomas & Joan Tropp	0
Joseph & Katie Kohn	12	Guy Middleton	11	Mike & Tamra Ryan	6	Ryan & Rachel Truair	12
Philip & Sally Kokotailo	6	Keith & Karen Midkiff	12	William & Bernice Samuels	2	Wendy & Howard Tuthill, III	6
Joel Kolker & Anne Sheerin	2	Nancy & Hugh Miles	8	Saranac Inn Golf and CC	2	Frank J. & Nora Tuttle	6
Neil & Beverly Kolsky	8	Bob & Ellen Miller	10	Steven & Melissa Savitz	12	Thomas & Elizabeth Vales	12
Craig & Sandra Kominoski	2	Nathan Miller and Cynthia Taylor	3	Joanna & Peter Schaefer	12	John & Jeanne Van Bramer	5
Gary & Karen Kostera	2	Raymond & Tamara Moats	11	Drew Knowlton & Will Schaeffer	8	Andrea Van Ness	5
John & Karen Kotch	7	Philip & Jessica Molter	3	Kevin & Julia Schnupp	3	Lyle Van Vranken	5
Victor & Carol Kraus	11	Richard E. Monks Trust	11	James & Anne Schoff	11	Joan Van Vranken	4
Allyson & Gregg Krowitz	8	A.R. & Phyllis Montgomery IV	3	Raymond Schuch & Colleen Whitmore	8	Jack & Robyn Van Yperen	7
Eric Kuersteiner	9	Tyler & Mary Montgomery	3	Alan & Ginny Schwartz	6	Jay & Diane VanDelden	6
Eric & Greyson Kuhn	7	Sam R. & Penny Morgan	3	Fred Schwarz	11	Karen VanSantvoord	8
Richard & Nancy LaBombard	2	Timothy & Melissa Moriarty	9	Bill & Ellen-Marie Sedor	2	Bill & Denise Voigt	5
Brian & Nicole Ladewig	3	Eugene Morton & Bridget Stutchbury	9	Sekon 596, LLC	11	Heather Volyanik	2
Antonia Laird	3	Richard & Christianne Moseson	12	Lorraine Senecal	7	Wendy Wister Walcott	4
W. Ian & Lu Laird	3	Wayne Mosher	2	Vickie Sessler	5	Roger & Karen Walcott	4
W. Jay & Gail Laird	3	Lynn & Michael Murphy	10	Martin & Georganne Sexton	8	Richard & Alexia Walka	7
Kevin & Pam Laplante	7	Christopher & Eileen Murphy	11	James & Laurie Shearer	5	Charles & Laurie Wall	1
John Lapp	2	Rick & Betsy Nalle III	3	Charles M. Sheerin	2	Carol & Richard Waller	11
Jennifer & Ed Larkin	2	Owen & Ashley Nalle	3	Wilson Sheldon Jr	9	Francis J. & Sally Ward	10
Jack & Lisa Lauroesch	7	Lawrence & Cynthia Nashett	9	Sara Sheldon	0	Frances Waters	9
Jim & Joanie Leake	5	Kate & Andy Nathanson	10	Florence L. Short	2	Brad Waters	11
Ralph & Lisa Lee	8	Joanne Nemia	12	Michael & Gail Short	2	Jim & Cindy Watson	0
Pam Leiby & Joseph Rollins	0	Dave and Diana Nuss	2	Ben & Jade Short	2	Dan & Janel Weber Jr.	6
Paul Leitner	7	Susan O'Brien & Douglas Roode	10	Julia Silberman	7	Judith Weber	6
Airlie Lennon	12	Andrew O'Brien	11	Richard C & Pam Simons	3	David Weber	6
Nancy Lester	8	Tom & Gretchen Oatman	12	Robert J. Siris	2	Matt & Diana Webster	12
Al & Hilda Lewis	1	Mark & Jane Oravec	8	Peter & Dale Skivington	7	Barbara Weeks	11
Geoffrey & Rachel Lewis	10	William & Maxine Oreilly	1	Ruth & Craig Smith	9	George & Bonnie Weidert	8
Ding Li & Joe Stevens	12	Jennifer & Ricardo Ortiz	5	J. Kevin Smith	4	David & Kathy Welch	11
Michael & Wendy Lincoln	7	Donald & Noreen Oslander	11	Paul H. & Virginia Smith	5	John B. Wengert	10
Steven & Lynn Linz	5	Ronald & Sandra Otten	9	Gary & Kathie Smith	10	Douglas & Pam Werner	9
Rick Lipinkas	1	Alexander B. & Alison Packard	4	Nancy Snedeker	4	Ross & Beverly Whaley	9
Arthur Loeb	0	Daniel & Christina Papes	12	James L & Marcy Sonneborn	1	Bridget Williams	2
Larry & Diane Loebell	5	Judith Pareira	5	E. Michael Specht	0	Russell & Jacqueline Winchester	10
Gina Macy	9	M. Jane & Todd Parmington	3	Paul & Polly Spengler	2	Barry & Margie Wolfe	9
Christopher & Jamie Magadini	4	Lauren Parmington	4	Marie Stafford	5	Richard & Artley Wolfson	1
Kelley & Michelle Maggs	11	Robert & Edith Patterson	2	Craig E. & Rebecca Standclift	5	David & Gale Woods	8
Florence & Paddy Mahoney	2	Isabel Patterson	2	Annette Stanley	7	Mark & Karen Woods	8
Harold & Eleanor Mahony	11	Ed & Nancy Pattishall	5	Will & Lise Starr	3	Jeff & Julie Woods	4
Andrea & Steve Maikowski	8	Evan & Avis Pattishall	5	Emily & Steven Starr	3	Susan & David Woods	8
William & Leslie Main	9	Louis & Celia Pellegrino	8	Nancy & Phillip Starr	3	Billy & Beth Wooters	2
Daniel & Mandi Maiore	7	Dean & Lisa Percival	4	Nico Starr	3	Larry & Cathy Wooters	2
Josh & Heather Manifold	9	Barry & Liz Perlman	11	George & Mary Staufenberg	7	Dan & Sherri York	12
Eileen Mansfield	11	David & Lynne Perry	8	Curtis & Susan Stiles	9	Natasha Yudina-Davis	11
Christopher & Andrea Mansfield	11	Tim Pettitt	11	Susan Storch	1	Michael D. & Sue Zemany	3
James & Barbara Marasco	11	Ron & Carol Pfister	5	Alan & Kathy Stutchbury	9	Todd & Elizabeth Zick	1
Marlborough Club	2	Robert E. & Frances Pike	2	Dan & Heather Sullivan-Catlin	5	Jim & Judy Zierick	12
Patricia Marsh	8	Angela Pohlmann	3	Jean Summers	5	Amy & William Zima	7
Linda Marshall	11	Robert A. Pollock	0	Charles & Sally Svenson	8		
Sarah G. Marshall	11	Carol & Herbert J. Pollock	0	Thompson & Susan Swayne	9		
Newt & Susan Marshall	11	David & Lauri Powalyk	5	Will & Jenny Swayne	9		

Loon Census

Barbara Franklin

Photo: Barbara Franklin



Loon family.

On the third Saturday of July at 8 am, the annual Loon Census is conducted. This year was a great success for Upper Saranac Lake, both in terms of total count of loons, but also in seeing juveniles and chicks.

As background, the Adirondack Center for Loon Conservation, headquartered in downtown Saranac Lake, has been tracking, testing and rescuing loons in the Adirondacks. For the Census, it studies the impact of mercury on aquatic ecosystems. Mercury is a neurotoxin to both humans and wildlife.

Mercury, a byproduct of burning coal, oil and wood into the atmosphere, travels from the Midwest east in the Jetstream. It settles on the ground and in our lakes. Loons are being tested and surveyed as they are the top of the food chain in lakes, and can best reflect mercury levels.

Prior to environmental changes, loons were found to be in decline, and those tested had high levels of mercury, impacting not just their lifespan but ability to produce eggs. With the advent of new regulations from the Environmental Protection Agency in 2011, these emissions began to go down.

While individuals have participated in the Loon Census since its inception, the full lake coverage began in 2008. We are one of the largest lakes to have 100% participation. Eight Loon Rangers are each given a specific area to survey during the one hour. The results are as follows:

A total of 53 Loons were counted: 48 Adult, 3 Chicks and 2 Juveniles. This represents a 50% increase over the prior year. In

contrast, last year only 1 chick was seen during the Census. Also, importantly the adult loon count has pretty steadily been growing, yet the chick count has remained the same.

As some of you know, we had several nests that didn't appear to produce chicks. This could be lack of viability, heat, other animals, rain and the rising waters of the lake swamping the nests. Another ugly fact of nature is sibling rivalry among chicks can be fatal. Additionally, a male loon can come upon a nest and kill a chick.

In the Midwest a study in Wisconsin is showing a reduction in loon counts. One reason appears to be the decreasing clarity of the water, making it difficult for adult loons to find food for the chicks. As we have observed in our lake, rising temperatures and increased rain and runoff contribute to the reduction of clarity of USL. Also, black flies harass loons sitting on nests to the point they abandon the nest. Will we begin to see these impacts?

Finally, we're going to try something different next year. While we've had a group of Rangers who have participated year after year, I've gotten requests from many more who want to be part of this. One thought was to have the new people join the "veterans" to observe the pace and area covered in one hour to make sure subsequent years are conducted similarly.

I want to thank the volunteer Loon Rangers: Patty and Larry Koch, Dan Papes, Sandy Day, Nancy and Larry Cohen, Ginny and Al Schwartz, Diana and Matthew Webster, Kathleen and Doug Colson, and my husband, Michael, my crew mate for life.

IN MEMORIAM

Constance A. Tate 1927 – 2023

Constance Anderson Tate, age 96, former resident of Wilton, Connecticut, and Saranac Lake, New York, died at Brandywine Living at Drescher Estates, outside of Philadelphia, on October 6, 2023. Connie, as she was known, grew up in Manhattan, attended the Brearley School, graduated from Wellesley College, and earned an MA in Education from the University of Bridgeport. In 1948 she married Robert T. Tate, Jr., a lawyer who worked for the Standard Oil Company of New Jersey, retired as Associate General Council of Exxon, and died in 1992. They divided their time between Wilton, Connecticut, and New York City. In Wilton, they were both wardens at St. Matthew's Episcopal Church and members of the Wilton Riding Club and the Kiwanis Club of Wilton. In Manhattan, Connie was an English teacher at the Nightingale-Bamford School and the Calhoun School. Following in the footsteps of her mother and her grandmother, she was a leader in the YWCA. She served on the Board of the YWCA USA, served as Chair of the YWCA World Service Council, and was Chair of the Board of the NYC YWCA. She received the NYC YWCA Woman of the Year award in 2018. She also served as President of the Brearley School Alumnae Association and as Chair of the Women's Committee of Union Theological Seminary. She was a member of the Cosmopolitan Club of New York and the Daughters of the American Revolution. Connie and her husband owned a summer house on Hoel Pond in Saranac Lake, NY. Connie served on the Adirondack Council. From 2020 to 2023 she was a resident at Saranac Village at Will Rogers in Saranac Lake. She is survived by two sons, Robert and John, seven grandchildren, and one great-granddaughter. A third son, Gerald, died in 2021. A memorial service will be held at the Church of the Ascension, Saranac Inn, NY, in August, 2024.



Lucy L. (King) McDonald August 29, 1925 – February 2, 2023 (age 97)

Lucy L McDonald, 97, a loving and spirited wife, mother, grandmother and resident of Kennebunk, Maine passed peacefully surrounded by her children on February 2, 2023.

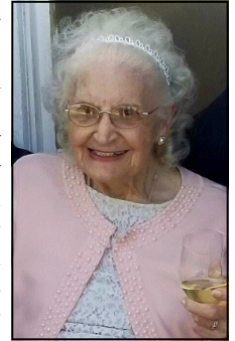
Born to Lea (Lil) King and (Andrew) Edgar King in August of 1925, she was one of ten children raised on the family dairy farm in Whippleville, NY.

Lucy is preceded in death by her husband Erwin Allgauer of Brooklyn, NY. Married 33 wonderful years, they raised six children together.

Lucy and Erwin kept themselves busy building a life they loved. Together they owned and operated Erwin's Delicatessen in Brentwood, NY where Lucy became famous for her 25-pound batches of both German and American potato salad. As their children grew older, the family came together to build their beloved camp in Fish Creek, NY, 'Allgauer's Sans Souci'. For decades, Lucy would spend summers up at the camp taking in the serenity of the Adirondacks hosting family visits and celebrations.

Lucy later remarried, spending nine years with John McDonald of Bay Shore, NY, enjoying many trips together before his passing.

Lucy was a dedicated nurse who started her career at the VA hospital in Tupper Lake, NY and continued her love of nursing at Southside Hospital in Bay Shore. After retiring from nursing, she volunteered for Catholic Charities at Our Lady of Grace Catholic Church in Beverly Hills, Florida. There she founded Care Connection, a volunteer program, recruiting over 100 volunteers to assist those that needed respite help in her community. She also developed a local activities program at her church for people with Alzheimer's and other forms of dementia.



New Board Member

Eileen Mansfield— Membership Co-Chair

Eileen and husband, Bill, fell in love with Upper Saranac Lake when they visited Uncle Joe at Sekon in 1973. In 1999 they purchased what was originally the guide's camp at Sekon. Since Eileen, a CPA, retired from JP Morgan, she spends all summer at the lake. It is the happy gathering place for family and friends.



Eileen Mansfield

Year Rounders

Cheryl Joyce

The 'year rounders' group was formed just before COVID for folks that live here year-round (or some of the winter). In that year we had an outdoor bonfire with hot chocolate and desserts and a potluck dinner with an optional walk beforehand. We are hoping to revive the group and plan a bonfire, a potluck dinner and a hike or ski or snowshoe or whatever folks want to do. If you would like to be added to the list of 'year rounders', please send me your email address and if you were on the list previously and would like to be removed, please let me know.

My email address is: cjoyce@paulsmiths.edu

USLA Scholarship Fund Store



UPPER SARANAC LAKE
TWO-TONE
BALL CAP



\$20

USL ADULT PACKABLE
QUARTER-ZIP
WINDBREAKER



\$45

USL ADULT HOODED
SWEATSHIRTS



\$40

GREEN WITH ADK CHAIR



BROWN WITH CANOE



UPPER SARANAC LAKE BALL CAP



\$20

STEMLESS USL WINE GLASSES



\$10

USLA BEER GLASSES



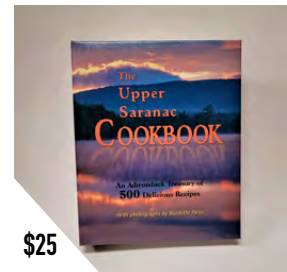
\$10

UPPER SARANAC LAKE
BEACH TOWEL



\$30

THE UPPER SARANAC COOKBOOK



\$25

UPPER SARANAC LAKE
RECREATIONAL MAP



\$5

USL CAR DECAL



\$5

Merchandise may be purchased from The Village Mercantile in Saranac Lake, NY, via their website:

villagemerc.com

Merchandise will also be available at limited USLA events in the summer

USLA Store

Ron Otten

USLA Store merchandise is currently available online and can be delivered to your home. Limited quantities of lake related merchandise will be available for order from the Village Mercantile in Saranac Lake. Items can be purchased online by going to the Upper Saranac Lake Association website and using the "Store" tab which will direct you to the Village Mercantile website. You can also go directly to the Village Mercantile website, <https://villagemerc.com>,

click on the "Shop" tab and then USLA Scholarship Fund. Our merchandise is shown in the poster on another page in this mailboat. We have several new items including unbreakable insulated stainless steel wine tumblers and tee shirts with a map of Upper Saranac Lake not yet in our poster.

You can also purchase merchandise from the USLA Store at the Summer Upper Saranac Lake Association meetings. All proceeds from your purchases will go to provide scholarships to seniors at Saranac Lake and Tupper Lake Central Schools.

www.uppersaranac.com

USLA Scholarship Fund Golf Tournament Thank You

Ron Otten, President USLA Scholarship Fund Inc.

On July 24, the USLA Scholarship Fund, which awards annual scholarships to deserving Saranac Lake and Tupper Lake High School seniors held its fourth annual golf tournament fundraiser at the Saranac Inn Golf Club. An enthusiastic group of 64 golfers, there to support area students, competed for prizes in Mens, Ladies and Mixed Divisions on a mostly beautiful Adirondack Summer day.

Congratulations to the winning teams: Mens: Doug Roode, Jeff Lewis, Doug Lewis, and Jeremy German; Ladies: Kate Hale, Pam Simons, Kathleen Forlenza and Sandy Otten; Mixed: Jim Ormsbee, Linda Otten, Steve Houle and Tonya Angwin. Closest to the pin winners were Kathleen Forlenza for the Ladies and Steve Maikowski for the men. Over \$2500.00 worth of prizes were awarded to all of the winners.

Thanks to our sponsors: Our Silver Sponsors were Susan Hearn & Greg Dickson-Blue Moon Camp, Upper Saranac Marina, Jonathan Gorgas/Merrill L Thomas, Hyde Fuel, The Chip Harrison Family, The Swayne Family, Wendy & Terry Tuthill-Clifftop Camp, Remembering Chip Fondly-Kathleen & Phil Forlenza and Jim & Ann Bodnar. Our Bronze Sponsors were Edge of Earth Camp-Jeff Dickson & Cheryl Joyce, In Memory of Chip Harrison-the Kolskys, The Tate Family, Doug & Kathleen Colson-Camp Simla and The Otten Family. Hole sponsors were: Raquette River Brewing, Tupper Lake Supply, Moody Tree Farm, Wayne Darrah Auto Body, High Peaks Ford, Curtis Lumber, Shaheen's IGA, Evergreen Auto Center, Romano's Saranac Lanes, Fortune's True

Value, Adirondack Explorer, Thermal Environment Sales, Bob Miller Real Estate, Taylor Rental, Neil & Beverly Kolsky, Sunset Camp - Nancy & Larry Cohen, Tami & Ray Moats, Camp Sans Souci - Chris & Jim Crane, Camp Tanawha - Jim & Vida Rothschild, Deb Becker-In Memory of Bussy Becker, Mark, Jane & Tim Oravec, Birch Point - Patty March, Brian Chollar & Kathryn Derr, Koch Family, Beaver Ledge-Geri & Greg Bebernitz, Pork Bay Road Assn, In Loving Memory of Betty Hewel-Mike Hewel, Dave & Lynne Perry, Brian & Judy Chanatry, Fran & Sally Ward, Bill & Maxine O'Reilly, Tom Byrne and Ed Gualteri Family-Church Pond.

Golfer gifts were provided by Community Bank NA in Tupper Lake and Kinney's Drugs of Tupper Lake and Saranac Lake.

Lunch was donated by Susan Hearn and Greg Dickson and prepared by the Trading Post in Fish Creek.

Prizes were donated by Saranac Inn Golf Club, Craig Wood Golf and Country Club, Lake Placid Golf Club, Tupper Lake Golf Club and Maplefield's in Ray Brook.

Special Thanks to Jim Connors and the staff at the Saranac Inn Golf Club that provided everything that was needed for a successful golf tournament.

The board of the USLA Scholarship Fund Inc. thanks the hard work of the golf tournament committee and event volunteers, Susan Hearn, Jeff Dickson, Ann Greene, Greg Dickson, Jim Hudspath, Jason Hudspath, Jennifer Otten, Linda Otten, and Tom Monks

2023 Upper Saranac Lake Ridgley "Chip" Harrison Memorial Scholarship Recipients

The recipients of the \$2500.00 2023 Upper Saranac Lake Ridgley "Chip" Harrison Memorial Scholarship are Mitchell Ellsworth of Saranac Lake Central and Meika Nadeau of Tupper Lake Central.

Mitchell is planning to attend SUNY Brockport in the fall and study Childhood Education,

Meika is planning to attend St. Lawrence University and study biology with the goal of becoming an optometrist.

The 2023 scholarships are named in the memory of Chip Harrison, thanks to support from donors and funds from the USLA Scholarship Fund Golf Tournament. Chip, a USLA board member, an avid outdoorsman, athlete and family man was a lover of the Upper Saranac Lake region where he resided from 2006 until his untimely death in 2019. This scholarship honors



Mitchell Ellsworth,
Saranac Lake Central
Schools

the memory of a man who exemplified qualities of hard work, integrity, generosity, modesty and grace.

USLA Store is the funding source for the USLA scholarship fund.

USLA Scholarship Fund, Inc., a separate entity from the Upper Saranac Lake Association, is a 501 (c) (3) corporation. All proceeds from the store go to the scholarship fund. Board members are Ron Otten, Jeff Dickson, Susan Hearn and Ann Greene

You can purchase USLA merchandise at the regular meetings or by using the Store button on the USLA website which directs you to the Village Merc website. Merchandise can be purchased in this manner and shipped to your home year-round.



Meika Nadeau,
Tupper Lake Central
Schools

THE UPPER UPPER SARANAC LAKE
ASSOCIATION
MAILBOAT
OCTOBER 2023

Upper Saranac Lake Association, Inc.
P.O. Box 892
Saranac Lake, NY 12983



Environmental Committee

Suzanne Carrillo Kern, Chair

Members of USLA were able to Catch the WAVE this summer - with nets, buckets, magnifying glasses, kayaks and a lot of bug spray - for the 1st time in an effort to assess the water quality of streams entering Upper Saranac Lake. We were on the hunt for healthy critters - benthic macroinvertebrates. This will be the 1st of a series of USLA "field work" reports that we are excited to share with you. We had tons of fun, and learned a lot!

As many of you know, Water Assessments by Volunteer Evaluators (WAVE) is citizen-based water quality assessment developed by DEC. The purpose of WAVE is to enable citizen scientists to collect biological data for assessment of water quality on wadeable streams in New York State. This past summer was the 1st time that USLA participated in this program.

Through the help of USF and DEC, the USLA WAVE Team identified 6-8 tributaries that lead into Upper Saranac Lake from other water bodies. Our goal was to capture various critters to check the health of the water before it enters our lake. For the most part, we were successful in finding the water-critters, and we also had our bushwhacking challenges. All in all, we were able to submit 3 to 4 field reports to the DEC for final assessment and identification.

So, what did we do? USLA WAVE citizen scientists collected

benthic macroinvertebrates from our selected wadeable streams. We collected our sample between July 1 and September 30. These samples will be identified and Interpreted by the DEC WAVE Coordinator. The DEC WAVE coordinator identifies all macroinvertebrates in the WAVE samples to the level of family and uses these data to calculate a water quality assessment of our streams. USLA WAVE Evaluators included: Suzanne Carrillo, Elizabeth McClanahan, Mary Ann Randall, Otto Doering, Pam Simons, Cheryl Joyce, Kristina Feja, Jay Kapolka, Ellen Miller, Larry Nashett and Polly Spengler.

USLA will conduct this field work every year. Regular stream monitoring will help us detect changes in water quality over time. Monitoring these same streams keeps track of existing stream conditions, detects threats to streams before they become a problem, and helps evaluate patterns throughout Upper Saranac Lake, ADK, and New York State. Our USLA WAVE data will augment the professional monitoring conducted by the DEC Stream Biomonitoring Unit.

See **WAVE Sampling Report** submitted by Larry Nashett, who completed online WAVE field forms and mailed a preserved benthic macroinvertebrate sample to DEC.